



MENU SPA

*Aries SPA in Szczyrk is a harmonious blend of experience and luxury, where each treatment is a ceremony inspired by nature and a passion for touch. Every detail in our SPA, from exceptional service to the smallest design elements, has been carefully curated to create an unforgettable journey into the world of relaxation, deep rest, and rejuvenation. Our SPA offer is rooted in authenticity, which is why the **original Aries SPA rituals** are a perfect synergy of our many years of experience and the highest quality cosmetics. Aries SPA is a space where touch truly reigns. Where massage is an art, born of the knowledge, passion and commitment of therapists, guiding their hands in the most beautiful dance.*

We create unforgettable experiences for our guests.

We invite you to discover Aries SPA



SIGNATURE ARIES SPA RITUALS

HARMONY & RELAXATION

Begin your journey to complete relaxation. Start with full-body brushing to stimulate circulation and restore freshness and radiance to your skin. Next, enjoy a manual body massage combined with herbal compresses made from natural ingredients inspired by mountain meadows. Additionally, warm oil with aromatherapy will help release tense muscles and restore balance to your body.

The Harmony & Relaxation Ceremony is a ritual that engages the whole body through all the senses. The warmth of the herbal compresses penetrates the skin, bringing deep comfort and a sense of relaxation. Gentle massage movements stimulate circulation, supporting the body's natural regenerative processes, while aromatherapy soothes and calms.

90 min | 460 PLN

STRENGTH & VITALITY

This extraordinary SPA ceremony is dedicated to men. Its main part is a very dynamic, deep, and not only manual full-body massage. It also incorporates the use of bamboo sticks and maderotherapy techniques. The manual massage, combined with elements of tool-assisted therapy, helps relax the body and release tension. The essence of the treatment is natural sesame oil. Thanks to its intensive effect on the muscles, this treatment supports post-workout recovery and improves skin elasticity. Additionally, the techniques used during the massage stimulate circulation, which increases energy and vitality.

*Although our ritual is excellent for releasing accumulated stress, the massage techniques applied can be intensely felt. Therefore, we kindly ask you to make a conscious decision when choosing this ceremony.

90 min | 460 PLN



ARIES SPA FOR COUPLES

We invite you to experience the extraordinary "Aries SPA for Couples" ritual, which will transport you and your loved one into a space filled with relaxation and tranquility. This unique experience is designed for couples who wish to share moments of soothing both body and soul. The massage, which is the main part of the ritual, is performed by a pair of therapists working in perfect sync. This exceptional relaxation massage, using an aromatherapy candle, will take you into a state of deep relaxation, allowing you to forget about the outside world for a moment. The "Aries SPA for Couples" ritual is not only about the massage itself — it's also a unique way to spend time together, surrounded by the sounds of relaxing music, the glow of candles, and enjoying a fruit refreshment.

90 min | 950 PLN (couple)

LIFTING GLOW RITUAL

An original Aries SPA ritual combining slow-aging therapy with the Japanese Forlle'd formula and manual techniques. The treatment visibly improves skin firmness, sculpts the facial contour, and provides a draining effect — reducing puffiness and signs of fatigue. The mask used in the treatment is based on innovative ingredients such as almond proteins and oat polysaccharides, which create an elastic, lifting mesh on the skin's surface while intensely hydrating and smoothing it. The treatment enhances cellular metabolism, supports collagen production, and firms the skin even in the deeper layers of the epidermis. It is a ritual for those seeking not only a lifting effect but also regeneration, comfort, and a natural glow.

90 min | 990 PLN

VIP ZONE – PRIVATE OASIS OF LUXURY AND RELAXATION



We invite you to the exclusive VIP Zone – a space designed for unmatched comfort and exceptional experiences. This is where time slows down, and every moment becomes a celebration of relaxation.

In the privacy of this unique area, you will find luxurious amenities: an elegant massage room with two comfortable treatment beds, a stylish lounge area with plush sofas, two relaxation bathtubs, and an infrared sauna that deeply soothes and rejuvenates.

It is the perfect setting for romantic moments for two, relaxation with friends, or special occasions that deserve an atmosphere filled with peace and luxury.

Allow yourself a private ceremony of relaxation in its most exclusive form.

Contact the Aries Spa reception and let us create a personalized package for you in the exclusive VIP Room at Aries Spa.

HEAD SPA

- luxurious rituals of beauty and deep relaxation

Imagine a moment of absolute relaxation, where gentle, warm streams of water caress your scalp and a precise massage stimulates microcirculation, energizes hair follicles, and melts away accumulated tension. At Aries Spa, the **HEAD SPA** ritual is more than just care - it is a true ceremony of regeneration, offered in exclusive versions that combine the finest ingredients with expert relaxation techniques.

Thanks to carefully selected **La Biosthetique** products, your hair will regain moisture, softness, and healthy shine, while your scalp will be deeply cleansed and restored to balance. Additionally, the luxurious combination with facial care allows you to experience complete harmony and beauty. Allow yourself a moment of absolute comfort - feel the difference brought by the true Japanese philosophy of care, perfected in the unique setting of Aries Spa.

CLEANSING & RELAXING HEAD SPA RITUAL

A ritual that brings lightness and soothing comfort - both to the scalp and the senses. The treatment begins with a purifying trichological scrub that stimulates microcirculation and removes accumulated impurities. This is followed by a relaxing dry massage inspired by the Japanese HEAD SPA technique, which releases tension and calms the mind. The experience is completed with care using La Biosthetique products - a moisturizing shampoo, a regenerating mask, and a strengthening serum that enhances protection against damage. An ideal ritual for those seeking relaxation and the restoration of natural balance.

70 min | 460 zł

HOLISTIC HEAD SPA RITUAL WITH FACIAL CARE

A signature ritual combining scalp, hair, and facial care, designed for deep relaxation and a noticeable improvement in skin condition. The treatment begins with a cleansing scalp scrub and a dry head massage that reduces tension and restores balance. In the care phase, we use a rich composition of La Biosthetique products - individually selected for both the hair and the face. This is an ideal choice for those seeking comprehensive care for the body and senses - in the spirit of holistic harmony.

90 min | 690 PLN



SCENS 360° EXPERIENCE MASSAGE

Wrap your body and senses in deep relaxation with a 360° massage that embraces the head, face, neck, and entire body. Smooth, harmonious movements combined with the aromatherapeutic power of hemp, arnica, patchouli, and clove oils effectively release muscle tension, ease stress, and bring comfort. This treatment works perfectly to relieve accumulated tension in the face, jaw, neck, and whole body, leaving you with a sense of lightness and inner balance.

Relaxing face and body massage
75 min | 480 PLN

SELENIA BANDAGES

Treatments using active bandages from the Italian brand Selenia.

Anti-cellulite bandages - a body-shaping treatment. Methyl nicotinate warms the tissues, supports microcirculation, and reduces cellulite. Natural plant extracts improve skin firmness and aid detoxification.

45 min | 490 PLN

Home package: treatment at Aries SPA
+ 2 take-home bandages
45 min + 2 bandages | 890 PLN

LUXURY FACIAL CARE

DÉCAAR

A Cypriot, innovative cosmetics brand created by renowned dermatology experts. Advanced product formulas and high concentrations of active ingredients deliver immediate and long-lasting results.

BREATH OF LIFE

It's a true boost of energy that nourishes your skin at the cellular level. Thanks to the immediate transport of oxygen, the treatment detoxifies the skin, restoring its natural balance. Feel your skin start to "breathe," gaining freshness, vitality, and radiance. It's the perfect way to bring back a healthy appearance and full energy to your skin.

50 min | 390 PLN

ALGAE PEEL REGIMENT

The Cypriot peel based on freshwater algae biomicro-needles is a unique treatment that will transform your skin. During the massage, the algae penetrate deep into the epidermis, stimulating regenerative processes and removing dead cells. Thanks to its cleansing properties, the peel effectively regulates sebaceous gland activity, prevents inflammation, and has antibacterial effects. The skin is left purified, smoothed, and its surface becomes radiant and refreshed. With the Algae Peel Regiment, your skin will regain its youthful glow and natural freshness.

60 min | 490 PLN



SCENS

A luxury organic & vegan brand combining nature with science for ultra-effective skincare. Our products are based on pure, plant-derived ingredients sourced sustainably, without compromising on quality or performance. We care for the environment by eliminating unnecessary plastics and using eco-friendly tinted glass packaging. We create universal formulas suitable for all skin types, focusing on their real needs regardless of gender.

SCENS is more than just cosmetics - it is a philosophy of skincare in harmony with nature, ethics, and the highest effectiveness.

ORGANIC HYDRA INTENSE RITUAL

A sensual renewal ritual that combines intensive body and facial care. A gentle scrub removes dead skin cells, restoring smoothness and radiance. A relaxing massage with nourishing oils deeply moisturizes and soothes, while a hydrating facial treatment brings back a radiant, refreshed look. Carefully selected ingredients and subtle massage techniques allow the whole body to experience harmony, regeneration, and complete relaxation.

Scrub + Relaxing Body Massage
+ Hydrating Facial Treatment
110 min | 780 PLN

SENSORIAL LUXURY EXPERIENCE RITUAL

A luxurious ritual that combines intensive facial and body care, delivering deep relaxation and visible rejuvenating effects. The scrub smooths the skin, the relaxing massage releases accumulated tension, and the nourishing facial treatment restores freshness and radiance. The experience culminates with a lifting massage that sculpts the facial contours, stimulates microcirculation, and provides anti-aging benefits. This is a unique experience of harmony and regeneration for both body and mind.

Scrub + Relaxing Body Massage + Facial Treatment + Facelift Massage
120 min | 820 PLN

LUXURY FACIAL CARE

FORLLE'D

INTELLIGENT SKIN REGENERATION AT THE CELLULAR LEVEL

The exclusive Forlle'd brand combines Japanese biotechnology with a holistic approach to skincare. Thanks to its patented low molecular weight hyaluronic acid technology, along with bio-compatible minerals and peptides, Forlle'd penetrates deep into the skin, supporting natural repair and regeneration processes. It works at the cellular level, stimulating skin metabolism, improving structure, and slowing down the aging process.

LOW MOLECULAR WEIGHT HYALURONIC ACID

Hyalogy is an HA molecule with a unique size of just 5 nanometers, enabling it to pass through the skin barrier and reach the dermis. It activates fibroblasts to produce more collagen and elastin, restoring proper skin matrix functions. This deep, non-invasive penetration of hyaluronic acid hydrates the skin from within, stimulating regeneration and improving skin quality.

IONIZED MINERALS

A unique complex of ionized minerals (Ca, Zn, Mg, Fe, Cu) restores the skin's mineral balance, which is essential for proper physiological activity of skin cells. Minerals are a crucial component in collagen synthesis, wound healing, and regenerative processes.

LOW MOLECULAR WEIGHT PLATINUM

Forlle'd low molecular weight platinum protects against all types of free radicals ("the perfect antioxidant") and helps control photoaging. Platinum-based formulas have strong antioxidant properties and potent detoxifying effects.

SOOTHING RECOVERY

An intensely soothing ritual that regenerates the skin's hydrolipid barrier. The unique combination of low molecular weight hyaluronic acid, ceramides, and bio-compatible lipids effectively alleviates symptoms of hypersensitivity, supports the reconstruction of the protective mantle, and calms the skin. Thanks to the content of plant-based phytoestrogens, the treatment restores balance, comfort, and resilience even to the most reactive skin.

50 min | 460 PLN

PLATINUM INTENSE

A luxurious ritual with powerful antioxidant and detoxifying effects. The treatment is based on patented, low molecular weight ionized platinum by Forlle'd, which neutralizes all forms of reactive oxygen, slows down photoaging processes, supports collagen synthesis, and brightens discolorations. The highly concentrated gel mask, along with ingredients such as low molecular weight hyaluronic acid, arbutin, botanical extracts, and biostimulating peptides, improves skin density, tone, and elasticity. After the treatment, the skin is soothed, smoothed, and radiant. Ideal as an intensive anti-aging therapy or as support during periods of increased oxidative stress.

60 min | 990 PLN

C+ RADIANCE THERAPY

An innovative brightening and oxygenating treatment for dull skin with uneven tone or discoloration. The treatment is based on a unique combination of active oxygen, botanical extracts, and vitamin C encapsulated in a nanostructure, which supports melanin synthesis, improves microcirculation, and evens out the skin tone. The result is brighter, better-oxygenated, and noticeably smoother skin. Perfect as a revitalizing therapy or as preparation for special occasions. Also recommended for skin with signs of aging and for couperose-prone complexions.

60 min | 820 PLN

SAINT MALO

DETOX TREATMENT

Begin your journey to firmer, nourished skin. Start with an intensely warming mask that helps remove toxins and smooth the skin. Next, enjoy a sculpting massage using bladderwrack oil and active plant extracts that support cellulite reduction, relieve joint pain, and improve the overall condition of the skin. Additionally, ingredients such as aromatic oils from lemon balm, lavender, and eucalyptus will bring your body into a state of deep relaxation. The Detox Treatment is a ritual that not only enhances the appearance of your skin but also regenerates the body.

75 min | 420 zł



TROPICAL GLOW CEREMONY - HYDRATION AND RADIANCE

An exotic ritual inspired by the tropical island of Bali, combining intensive care with deep relaxation. The skin becomes silky smooth, radiant, and full of glow. A Noni fruit and coconut scrub gently exfoliates and hydrates, while a hibiscus mask firms, regenerates, and restores youthful freshness to the skin. The experience is completed with a relaxing massage using prickly pear balm, enveloping the body in moisture and a sensual aroma. Available in two variants, this ceremony restores radiance and vitality to the skin – choose full relaxation or a quick boost of hydration.

Scrub + Mask + Full body massage and head massage
530 PLN | 105 min
Scrub + Full body massage
420 PLN | 75 min

AMBER YOUTH CEREMONY (ANTI-AGING)

Immerse yourself in a ritual inspired by the riches of the Baltic Sea, designed to regenerate and rejuvenate the skin. An amber scrub smooths and brightens the skin, while a nourishing cotton mask restores elasticity and soothes. A massage with cream infused with rhodiola rosea and sea buckthorn reduces signs of aging and supports regeneration. Available in two variations, this ceremony is the perfect choice for those who wish to combine hydrating care with complete tranquility.

Scrub + Mask + Full body massage and head massage
530 PLN | 105 min
Scrub + Full body massage
420 PLN | 75 min

VOLCANIC RENEWAL CEREMONY - CLEANSING AND REGENERATION

Immerse yourself in luxurious care inspired by the therapeutic power of volcanic dust and Sicilian thermal waters. This ritual combines intense cleansing, deep regeneration, and skin nourishment, leaving it silky smooth and radiant.

A volcanic scrub removes dead skin cells and stimulates renewal, while the mask deeply hydrates, soothes, and restores skin elasticity. The experience is completed with a relaxing massage using prickly pear and orange blossom butter, enveloping the body in a nourishing touch and citrus aroma.

Available in two versions, the ceremony offers the perfect balance between regeneration and relaxation – choose the full experience or a brief moment of luxury just for yourself.

Scrub + Mask + Full body massage and head massage
530 PLN | 105 min
Scrub + Full body massage
420 PLN | 75 min

ASIAN SERENITY CEREMONY - HYDRATION AND SOOTHING

A ritual inspired by the Japanese philosophy of relaxation, enveloping the body in intensive care and bringing it into a state of deep tranquility. An oyster shell powder scrub mineralizes and smooths the skin, a cotton mask soothes and hydrates, while a massage with green tea and wakame seaweed oil relaxes and nourishes. Available in two variations, this ceremony is the perfect choice for those wishing to combine hydrating care with complete serenity.

Scrub + Mask + Full body massage and head massage
530 PLN | 105 min
Scrub + Full body massage
420 PLN | 75 min

MASSAGES

MANUAL LIFTING THERAPY - KOBIDO MASSAGE

Kobido massage is the Japanese art of facial massage, performed by qualified therapists. At Aries Spa, it is a deeply relaxing treatment that covers the entire face, neck, and décolleté. Its main goal is to improve the condition of the skin. The Kobido massage works on multiple levels — it reduces muscle tension, stimulates blood and lymph circulation, and boosts the natural production of collagen and elastin. The Kobido facial massage reduces the appearance of wrinkles, smooths the skin, improves its tone, and sculpts the oval and contour of the face.

60 min | 360 PLN

RELAXING MASSAGE - tailored to individual needs

A relaxing body and head massage performed with natural almond oil. The smooth relaxation techniques used during the treatment are inspired by methods from all over the world, allowing you to enter a state of deep relaxation.

50 min | 300 PLN

CANDLE MASSAGE

A relaxing candle massage is a unique treatment that involves gently massaging the body with warm, aromatic wax and scented oils. The pleasantly heated, fragrant wax soothes and relaxes the entire body.

50 min | 320 PLN

SELECTED BODY PARTS MASSAGE

(back, legs, feet, head, and neck)

25 min | 160 PLN

FULL BODY SALT SCRUB

(additionally before the selected massage)

25 min | 160 PLN

LUXURY ALESSANDRO PARAFFIN

((additionally before the selected face or body treatment)

25 min | 200 PLN

STRENGTHENING EYE CARE TREATMENT

(additionally during the selected face or body treatment)

25 min | 90 PLN

DEEP TENSION-RELEASE MASSAGE

The massage aims to achieve deep muscle relaxation, improve blood and lymph circulation, and enhance overall well-being. It can be performed on the entire body or targeted areas. The benefits of the massage include relaxing tense muscles, reducing stress and tension, and strengthening the body's immune system.

50 min | 350 PLN

HOT STONE MASSAGE

A hot stone massage is a technique that gently warms the muscles and tissues, effectively reducing tension and relieving discomfort. Specially selected basalt stones, heated to a temperature of around 45 degrees Celsius, transfer heat to the body, making this massage exceptionally relaxing while also improving blood and lymph circulation.

50 min | 390 PLN



ARIES SPA RULES & REGULATIONS

1. Please come to the treatment wearing the bathrobe and slippers provided in your room.
2. A completed health questionnaire is required before the treatment can be performed.
3. Arrive at the SPA 10 minutes before your scheduled treatment time.
4. Before your treatment, you will receive the necessary accessories and disposable underwear suitable for your chosen treatment.
5. The given treatment time is the time that the Guest spends in the treatment room from entrance to exit.
6. Our treatments are available for persons aged 16 years and above.
7. Please leave your jewellery and mobile phones in your room.
8. Please leave small children under the care of other adults outside the SPA zone.
9. For your safety, disclose all relevant medical history, conditions, or pregnancy during the pre-treatment consultation.
10. If you need to cancel a scheduled treatment, please notify us by 6:00 pm the day before the treatment.
11. Failure to cancel the treatment by that time will result in an additional cancellation fee of PLN 50 for every reserved 30 minutes of the treatment, or the deposit will be forfeited.
12. Smoking and alcohol consumption are prohibited in the SPA zone.
13. SPA staff are not responsible for any valuables left unattended in the SPA.
14. SPA staff reserve the right to refuse treatment if contraindications are identified.
15. The SPA manager reserves the right to terminate any treatment if the Guest exhibits inappropriate behaviour (e.g., aggression or suggestive proposals).
16. Aries SPA reserves the right to change its offer and opening hours.
17. The full text of the SPA zone Rules & Regulations is available at the SPA Reception.

INFORMATION

The SPA zone is located on level -1

Opening hours

Aries SPA Reception: Mon - Fri 12:00 pm - 10:00 pm | Sat 10:00 am - 10:00 pm | Sun 10:00 am - 6:00 pm

Gift Vouchers

Choose an amount or treatment from our offer and surprise your loved one with an extraordinary gift. Please contact the Aries Spa reception for further details.

Home Care

To extend and complement the effects of your skin care treatment, we are pleased to offer you an opportunity to purchase professional cosmetics.

Please contact the Aries Spa reception for further details.

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